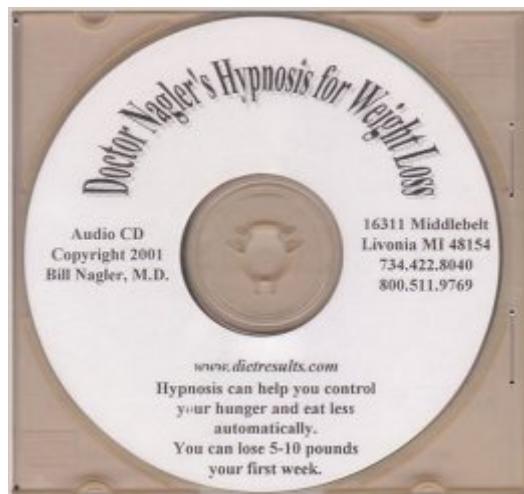


The book was found

# Doctor Nagler's Hypnosis For Weight Loss CD



## **Synopsis**

Welcome to Doctor Nagler's Hypnosis for Weight Loss Program. You can lose 5-10 pounds this week, and 2-3 pounds every week, without dieting. All you need is one session, which takes about an hour. Hypnosis is simple with no side effects. This program gives you the control you need to lose weight, by implanting a new thin belief system in your subconscious mind. For the first time in your life, you will be satisfied eating less. You will be in control of your hunger, not the other way around. You don't have to follow a special diet to lose weight after hypnosis. You stop overeating, so your weight falls off naturally. After hypnosis, you think and act like a thin person. You will eat less automatically and lose weight. Bill Nagler, M.D.

## **Book Information**

CD-ROM: 1 pages

Publisher: Diet Results (October 15, 2001)

ISBN-10: 0971502390

ISBN-13: 978-0971502390

Product Dimensions: 5.4 x 4.8 x 0.3 inches

Shipping Weight: 4 ounces

Average Customer Review: 3.0 out of 5 stars [See all reviews](#) (6 customer reviews)

Best Sellers Rank: #11,169,656 in Books (See Top 100 in Books) #97 in [Books > Health, Fitness & Dieting > Diets & Weight Loss > Hypnosis for Diets](#)

## **Customer Reviews**

I had high hopes that this would work for me but it didn't. From reading another review, I knew that this was a computer cd (not a cassette). This was fine but it made replaying the program more difficult. The program must be downloaded to your pc & then it tell's you a bit about Dr. Nagler and how the program works. The most important thing said is that you only have to hypotize yourself once (which takes about 45 minutes) for this to work. A lot of the program is focused on relaxation techniques & then Dr. Nagler states a few affirmations and it's over. I think that I need more affirmations then the ones given. I decided to do the program on a daily basis, hoping that it would eventually work for me. It didn't. I was highly disappointed and felt that I had wasted my money. It might work for others but I had no luck with this.

I would just like to alert buyers that this is a computer CD and I was expecting an audio CD. I just listened and watched the program for the first time. The graphics are PowerPoint slides mostly to be

read. Than the audio starts and you get hypnosized. It ran fine on my Window 2000 Pro system and I don't presently have PowerPoint installed. I might not work on a Macintosh. It doesn't state if it does or not. ... I do like the program and will post another review after I have used it for a couple of months.

The CD hypnotizes you to control your hunger. It was very interesting. I am now able to eat about half portions and be satisfied. The program worked for me, and I would recommend it to others.

[Download to continue reading...](#)

HYPNOSIS FOR WEIGHT LOSS: SELF HYPNOSIS as you read (FREE Life Mastery Bonus Toolkit Included!) (Self Hypnosis As You Read, Self Hypnosis for Beginners, ... Weight Loss, Self Hypnosis Audio Book 3) Hypnosis: Self Hypnosis, NLP & Mind Control 6 Steps To End Depression, Anxiety & Stress FREE BONUS (Hypnosis, Mind Control, NLP, Self Hypnosis, Hypnosis ... Hypnotism, Self Hypnosis For Beginners) Weight Loss: 20 Proven Smoothie Recipes For Weight Loss, Health, And Energy (Lose Weight Fast, Smoothies For Weight Loss, Smoothie Recipes, Lose Weight, ... Loss Smoothies, Weight Loss Motivation,) Weight Loss: 30 Days Weight Loss Challenge - Eat More Food Lose More Weight - Turn Your Weight Loss Vision Into Reality (How to Lose, Weight Loss Tips, Women, Weight Loss Nutrition, Diet Plan) Doctor Nagler's Hypnosis for Weight Loss CD Self Hypnosis for Beginners: The Ultimate Guide With Systematic Steps To Master Self Hypnosis (Self Hypnosis, Self hypnosis as you read, Self hypnosis diet) Self Hypnosis: The Ultimate Beginners Guide To Mastering Self Hypnosis In 7 Days (self hypnosis, self hypnosis diet, self hypnosis for dummies) Hypnosis: Master Hypnosis, Learn hypnosis now (Hypnosis, Hypnotism, Self Hypnosis, Mind control) Doctor Nagler's Hypnosis to Stop Drinking Train Your Brain for Weight Loss - 2 Self Hypnosis CD's for Weight Loss Empowerment and Exercise Motivation (Train Your Brain for Weight Loss, 1) The Instinctive Weight Loss System - New, Groundbreaking Weight Loss Product- 7 CD's, Over 7 hours of Hypnosis for Weight Loss and Mind Reconditioning Sold in Over 40 Countries Worldwide Rapid Weight Loss: Hypnosis for Losing Weight Fast and Increasing Your Motivation to Lose Weight via Beach Hypnosis and Meditation Hypnosis Diet, Wendi's Hypnosis for weight loss PLUS EIGHT audio hypnosis MP3s Hair: Hair Loss: Learn About Hair Loss Prevention Methods and Regrowth Treatment: Hair Loss Cure: Hair Loss (Men's Health, Hair Loss Treatment, Regrow ... Loss Treatment for Woman, Hair Loss Cure) The Comprehensive Hair Loss Guide: Hair Loss Treatment and Cure for Men and Women (Hair Loss Treatment for Women, Hair Loss Treatment for Men, Hair Loss ... Loss Remedies, Hair Loss Cure, Alopecia) ATKINS DIET: Weight Loss Secrets and a Quick Start Guide For a New and Permanent You (Atkins Low Carb High Fat Diet Weight

Loss Guide, Diet for Rapid Weight ... Atkins Weight Loss Guide for Beginners) Walking: Weight Loss Motivation: Lose Weight, Burn Fat & Increase Metabolism (Walking, Walking to Lose Weight, Walking For Weight Loss, Workout Plan, Burn Fat, Lose Weight) Weight Watchers: The Best Proven Tips, Tricks & Recipes To Simple Start, Losing Weight And Feeling Great! (weight watchers recipes, weight watchers cookbook, weight watchers 2016, weight loss) Perfect Self Hypnosis: Lose Weight In Your Sleep: Create the perfect self hypnosis audio for yourself or as a gift for natural, diet free, weight loss in 30 days Lose Weight Fast: Hypnosis for Extreme Weight Loss and Staying Fit for Life via Beach Hypnosis and Meditation

[Dmca](#)